

ADRENALINE: March 1-3, 2024

VENUE:

SOMERSET INN
2601 W BIG BEAVER RD
TROY, MI 48084

WAIVERS

Waivers are now past-due. If you have not completed one for your dancer, please do so immediately. We will not be allowed to pick up our registration packet until ALL WAIVERS ARE RECEIVED.

<https://adrenaline.mydanceregister.com/waiver/>

ADRENALINE APP

<https://www.adrenalinedance.com/get-our-app.html>

BLDC COMPETITION SCHEDULE & IMPORTANT INFO

<https://www.blcdcance.com/adrenaline-info-2024.html>

Please note: Dancers are required to attend the entire Adrenaline event. This includes the “Best of Show” portion which is held after classes conclude on Sunday.

CONVENTION INFO

Dancers are placed in the convention classes based on their age as of January 1, 2024.

Sparks: Ages 5-7

Minis: Ages 8-10

Juniors: Ages 11-12

Teens: Ages 13-15

Seniors: Ages 16-19

“Convention Classes” refer to the classes the students will take throughout the weekend. **Dancers are required to participate in all classes for their age group.** Even if your dancer does not participate in a particular dance style at the studio, they should still attend the workshop class.

Please note: If a dancer is unable to fully participate in a convention class (ie: illness/injury/emergency), the BLDC teachers should be notified immediately.

CONVENTION/EVENT SCHEDULE & CLASSROOM LOCATIONS

<https://www.adrenalinedance.com/detroit.html>

Note: Friday Evening Classes

Teen and Senior dancers will attend the Friday evening classes if they don't conflict with their performance schedule.

NAME TAG/NUMBER PICK-UP

Name tags and numbers must be **picked-up from a designated BLDC representative on Friday (see the BLDC schedule document for designated pick-up times).**

Name tags or Numbers must be worn for all classes. Be sure to have safety pins to secure.

Convention Attire - Please ask if you have questions about convention attire.

- Because the convention classes cover a wide range of disciplines, dancers should wear dancewear that is appropriate for all of them. Leotards, alone or with shorts or leggings, or dance tops with shorts or leggings are all appropriate.
- T-Shirts, baggy tops, or baggy pants should not be worn in class. (Exception, Hip Hop Class)
- We recommend that students do not wear tights. If they feel they need to wear tights, they should wear convertible or footless tights that are tan, not pink.

- Appropriate footwear should be worn for all classes. Sometimes an instructor might prefer socks or bare feet for their class. **We suggest that dancers have a pair of flesh colored or black crew length socks in their dance bag in case this is requested by the teacher.**
- **Reminder! Absolutely no socks should be worn with ballet shoes! If your dancer insists on wearing socks with tap, jazz or hip-hop shoes, they should be low cut liners and not be seen peeking out of their shoes!**
- Dancers need to have their hair neatly put up and should take care with their appearance for classes. Think “picture ready”

DURING CONVENTION CLASSES

Please take time to locate the bathroom and have your dancer use it before classes start and at lunch. If you do not feel comfortable with your dancer leaving the classroom to use the bathroom alone, please remain outside the ballroom while classes are in session.

SCHOLARSHIP AUDITIONS & AWARDS INFO

All Mini, Junior, Teen, and Senior dancers (ages 8-19) that are registered for the full 2-3 day workshop will participate in scholarship auditions. Dancers must audition by their age as of January 1, 2024. The Faculty initiates the selection process by assessing not only the individual’s talent, but also their level of participation, enthusiasm, and interaction with other dancers.

CITY CREW PERFORMANCE OPPORTUNITY Any dancer in Mini, Junior, Teen, and Senior age divisions are eligible to be selected by the Faculty to perform in the regional City Crew. Selections will be based on an audition process. The regional City Crew performance will encompass multiple genres and be choreographed by that city’s attending Faculty. Dancers chosen for the City Crew will receive a complimentary crew shirt. City Crew is a performance opportunity and is not tied to a scholarship. Dancers chosen for the Adrenaline City Crew will have rehearsal for the Best of Show on Saturday afternoon, Sunday morning, and Sunday afternoon for a short rehearsal during lunch. Dancers will receive a shirt to wear but should wear black bottoms for their City Crew performance in the Best of Show on Sunday afternoon. Dancers performing in the City Crew are welcome to decorate their Crew shirts for the "Best of Show" performance!

VIDEO CREW SCHOLARSHIPS Video Crew scholarships are awarded to Mini, Junior, Teen, and Senior age levels as selected by the faculty in each city. Recipients of this award are entitled to: \$125 off Video Crew tuition at one of the 2024 National Dance Honors

Single Convention scholarships are awarded to Sparks, Mini, Junior, Teen, and Senior age levels as selected by the faculty in each city. Recipients of this award are entitled to: Free SINGLE convention tuition during the 2024-2025 regional season

HONORED DANCER NOMINEE Any dancer in the Mini, Junior, Teen, and Senior age division is eligible to be chosen by the faculty to become an Honored Dancer Nominee based on individual performance and work ethic in classes, therefore increasing visibility and recognition for dancers of all kinds. Selection will be made through an audition and classes.

Recipients of this award are entitled to:

100% off convention tuition to one of the 2024 National Dance Honors events

50% off your first 2024-2025 regional workshop tuition

Eligible to compete for Honored Dancer and participate in the Honored Crew Experience at NDH

ELITE HONORED DANCER NOMINEE From the group of Honored Dancer nominees, the attending regional Faculty will collectively recognize several Elite Honored Dancer Nominees. The recipient of this award is entitled to:

100% off convention tuition to one of the 2024 National Dance Honors events

UNLIMITED free convention tuition during the 2024-2025 regional season

Eligible to compete for Honored Dancer and participate in the Honored Crew Experience

Cont. on next page

COMPETITION INFO

DRESSING ROOMS

Adrenaline will have Female, Male, Gender Neutral dressing rooms available for competing dancers. Dressing rooms are not to be used as rehearsal space. Photo and video are not allowed in dressing rooms

LIVE STREAM

<https://www.adrenalinedance.com/livestream.html>

AGE DIVISIONS

Sparks Division Average age: 5-7

Mini Division Average age: 8-10

Junior Division Average age: 11-12

Teen Division Average age: 13-15

Senior Division Average age: 16-19

All ages are as of January 1, 2024. Dancers must be prepared to present proof of age if requested.

AWARD CEREMONIES

Dancers will be asked to sit on stage during the award ceremonies. They are allowed to wear one of their costumes from that segment of competition, or their BLDC Adidas Teamwear.

Please make a plan with your dancer ahead of time so they know where to meet you when the ceremony is finished.

COMPETITION AWARDS

Adjudicated Awards: All registered routines will receive an adjudication placement based on the criteria breakdown below.

Technical Execution - 30%

Choreographic Execution - 30%

Performance Quality - 20%

Overall Impression - 20%

Ultimate Platinum: 289-300

Platinum: 277-288

High Gold: 265-276

Gold: 253-264

Overall Awards: In addition to the adjudicated awards, the overall high score winners will be awarded in each age division (Sparks, Mini, Junior, Teen, and Senior) in the following competition categories: Solo, Duo/Trio, Small Group, Large Group, Line, and Production.

Genre Overall Awards: Highest scoring group routine per genre will be awarded.

All Heart: Awarded to the highest scoring group routine for each age group (Sparks, Mini, Junior, Teen, Senior) at each regional competition.

Heartstopper: Awarded to the overall highest-scoring group routine out of the entire competition (from one of the All Heart recipients).

Judge's Pick: Judges will pick routines of their choice for special recognition in the 12&Under and 13&Over age divisions.

Versatility Award: Chosen by the Faculty, this award is for the most versatile studio of the weekend in all styles of dance.

Sportsmanship Award: Awarded to the studio with the best overall sportsmanship during classes and competition chosen by Staff members. Recipients of the Sportsmanship award will receive a pin to award each dancer..

Wildcard: Studios competing with 10 or more group routines will be eligible for the Wildcard Showcase, which takes place in our closing show. Each eligible studio's highest scoring group routine will be chosen. Solos, Duo, and Trios are not eligible for the Wildcard Showcase.

CLOSING SHOW "Best of Show"

Our Adrenaline "Best of Show" will close the weekend with City Crew performances, scholarship announcements, and studio award presentations. All Sparks crew performs as well as the Parent/Teacher Hip-Hop class.

Dancers chosen for the Adrenaline City Crew will have rehearsal for the Best of Show on Saturday afternoon, Sunday morning, and Sunday afternoon for a short rehearsal during lunch. Dancers will receive a shirt to wear but should wear black bottoms for their City Crew performance in the Best of Show on Sunday afternoon.

Dancers performing in the City Crew or Sparks Crew are welcome to decorate their Crew shirts for the "Best of Show" performance!